



## Personal, Social and Health Education (PSHE) and Citizenship Policy

### Aims and objectives

Personal, Social, Health Education (PSHE) enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural 21<sup>st</sup> century society.

The aims of Personal, Social, Health Education are to enable the children to:

- Know and understand what constitutes a healthy lifestyle
- Be aware of safety issues
- Understand what makes for good relationships with others
- Have respect for others
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community

### Teaching and learning style

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active Citizenship, e.g. charity fundraising, the planning of school special events such as an assembly, or involvement in an activity to help other individuals or groups less fortunate than themselves. Through 'circle time', pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as the school nurse, police, and other representatives from the local community, talking about their role in creating a positive and supportive local community.

### PSHE curriculum planning

We teach PSHE in a variety of ways. In some instances, e.g. Sex and Relationship and Drugs Education, we teach PSHE as a discrete subject.

PSHE may be taught through other subjects, e.g. when teaching about local environmental issues in geography, As there is a large overlap between the programme of study for religious education and the aims of PSHE, we teach a considerable amount of the PSHE through our religious education lessons.

We also develop PSHE and Citizenship through activities and whole-school events. The School Council representatives from each class meet regularly to discuss school issues that arise from 'Circle Time'. We offer a residential visit in Key Stage 2, where there is a particular focus on developing pupils' self esteem and giving them opportunities to develop co-operative skills.

## **SIDEMOOR FIRST SCHOOL AND NURSERY**

### **Foundation Stage**

We teach PSHE in the Nursery and Foundation Stage as an integral part of the topic work covered during the year. We relate the PSHE aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE matches the aim of developing a child's personal, emotional and social development (PSED) as set out in the ELGs. We also support Citizenship education in the Nursery and reception classes through 'Understanding the World' (UW).

### **Teaching PSHE and Citizenship to children with special needs**

We teach PSHE and Citizenship to all children, regardless of their ability by providing learning opportunities and support matched to the individual needs of children with learning difficulties.

### **Assessment and recording**

Teachers assess the children's work in PSHE and Citizenship by making informal judgements as they observe them during lessons, and through assessments of their work. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage. These expectations relate to the Chris Quigley Essential Skills for Milestone 1 (KS1) and 2 (Y3/4)

Teachers in KS1 and 2 record the achievements of pupils in PSHE on 'Foundation Subject' assessment sheets.

In KS2 we encourage our pupils to keep records of their contribution to the life of the school and the community in their Key Stage Planner.

### **Resources**

Resources for PSHE and Citizenship are stored in the library.

'HEALTH FOR LIFE' is one of the main resources used in the teaching of PSHE.

### **Monitoring and review**

The PSHE and Citizenship Co-ordinator is responsible for monitoring the standards of children's work and the quality of teaching. The Co-ordinator supports colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject. Key Stage Co-ordinators also share some of the responsibility to ensure consistency within their Key Stage as appropriate. We allocate time for our Co-ordinator, in accordance with our School Development Plan to enable him/her to fulfil this role, by reviewing samples of children's work and visiting classes to observe teaching in the subject.

### **Note**

This PSHE and Citizenship policy should be read in conjunction with the Health & Safety, Confidentiality Policy, Sex and Relationship Education and Drugs Policy

July 2002

June 2006

June 2009

January 2016